



Massages

STRESS RELIEF

Release your stress and tension and rejuvenate yourself. Massages are offered in 30 and 50 minute sessions. Additional time available at 20% off with 50 minutes at regular price.

Serenity Swedish Massage 65 and 100

This classic Swedish massage, easing tension, aches, and pains customized to your body's needs leaving you relaxed and renewed.

Serenity Shiatsu Massage 65 and 100

This massage balances the body through applying pressure along the energy meridians and acupressure points of the body unlocking tension and muscle tightness.

Serenity Deep Tissue Massage 75 and 120

This unique penetrating massage gives special attention to the manipulation of deep tissues to relieve chronic stress and release muscle tension.

Serenity Lava Stone Massage 80 and 130

This "Muscle Melt-down" massage is a luxurious and relaxing combination of massage and hot basalt lava stones loosening tight muscles, relieving stress, and easing tension. 50 min.

Serenity Couple's Massage 130 and 260

Share the bliss of massage therapy as you lay side by side with a loved one and enjoy the massage together as the massage therapists melt away your tension and relieve muscle aches, leaving you feeling lighter and refreshed. 50 min.

Serenity Sports Massage 70 and 110

This "Sports Sizzle" invigorating massage uses penetrating strokes designed to enhance dexterity, relax overworked muscles and relieve specific muscle spasms. 50 min.

Reflexology 70 and 110

This ancient Chinese technique uses pressure point massage on the hands, feet, and ears to re-establish the body's energy flow and stimulate the healthy functioning of internal organs. 30 min.

Aromatherapy Massage 70 and 110

This massage triggers the body's natural healing process by using lymphatic massage and essential oils to stimulate the flow of blood and lymph fluid. The aromas act on the emotional center of the brain, (the limbic system), which governs the way we feel. 50 min.

Prenatal Massage 75 and 120

This therapeutic massage focuses on the special needs of the mother-to-be as her body goes through the dramatic changes of the childbirth experience. This massage enhances the function of muscles and joints, improves circulation and general body tone, and relieves mental and physical fatigue. 50min.

WRAPS

All body wraps are 80 minutes and include a body scrub.

Serenity Chocolate Wrap 150

Taking care of your skin never felt or smelled so good. Our exclusive chocolate wrap will calm and soothe your skin leaving you with a hydrated and smooth complexion. Your body is first exfoliated with a cacao sugar scrub, and then smothered with organic cocoa chocolate masque. Wrapped in a thermal blanket, the caffeine and polyphenols contained in the masque are absorbed through the skin, leading to shed those extra pounds, drawing all impurities and stimulating the circulatory system. After twenty minutes the blanket is removed, and the chocolate masque washed off. Chocolate cream is applied using some really relaxing massage techniques.

Wine Wrap 150

The powerful exfoliating properties of grape are applied to this hydrating, anti aging Body Wrap. A combination of a brown sugar scrub before the application of a wine masque will improve the skin's elasticity and tone, fading brown spots from sun exposure or aging. The earthy fragrance of the grape moisturizing cream applied with a soft massage will leave your body smooth, hydrated and radiant. 80 min.

Seaweed Wrap 150

A seasonal carefully selected scrub is applied before this popular detoxifying Body Wrap. Experience the joy of a body wrap that helps cellulite appear less prominent, while revitalizing and flushing toxins out of your skin, removing accumulated residue and impurities, giving a fresh glow and a satin smooth texture to your skin. 80 min.

WAXING

Our skin care specialists provide wax treatments incorporating naturally derived plant waxes, essential oils, and soothing ingredients to give you the smoothest results. Please inform us prior to service if you are using Retin-A products or any other products which may result in special skin sensitivities.

Waxing includes:

Eyebrow 18	Eyebrow Threading . . . 18	Half Lower Leg 30
Full Leg, Back or Chest 70	Hard wax: Brazilian . . . 75	Brazilian 65
Half Upper Leg 45	Hard wax: Lip 15	Full Arm 40
Bikini 35	Lip, Chin or Neck. 14	Lip Threading 14
Under Arm 22	Half Arm 30	Upper Shoulders 30

Waxing Packages:

Lip and eyebrow 30
Full leg and Brazilian 120
Full leg, Brazilian, lip and eyebrow . . . 145



NAIL CARE

The Basic Manicure/Pedicure 12/28

The basic manicure/pedicure with cuticle clipping, pushing, perfecting, and polishing. 30min./30min.

French Manicure/Pedicure	17/34
Buffing Manicure/Pedicure	19/34
Silk Wraps/Tips/Extensions	100
Polish Change Hands/Feet	8/14
Powder Filling	40

Axxium/Shellac Gel Manicure/Pedicure 45/65

These gel treatments are applied to your nails with a small brush which hardens under a UV light for a few minutes. After the curing process your nails are instantly 100 percent dry. No need to wait around for drying. 45min./45min.

Minx Design Manicure/Pedicure 50/75

Minx nail fashion is a new glamorous for women to extend fashion to their very fingertips. Sparkly metallics, personalized graphics and photo-quality designs currently unavailable in the market make up the Minx line. Made of flexible film, Minx finally gives women completely customized nails that can feature the exact pattern and colors of your newest gown. 45min./45min.

Serenity Paraffin Manicure/Paraffin Pedicure 28/45

Dip your hands (or feet) into a warm, paraffin bath scented with pleasing aromas leaving your skin silky smooth with a barrier against the cold and heat. 40min./45min.

Green Tea Spa Manicure/Green Tea Spa Pedicure 35/65

Our Green Tea Spa Pedicure and Manicure hydrates and detoxifies. Hands and feet are softened in a green tea soak, exfoliated with a green tea scrub and massaged with a green tea massage cream. A tension-relieving mask is applied for ultimate hydration and softening. Sip and enjoy a cup of green tea during this luxurious treatment. 45min./60min.

Honey & Milk Spa Manicure/Honey & Milk Spa Pedicure 35/65

This milk and honey combination, renowned for its richness in Protein, vitamins A, C, B1, B6, B12 & E, smooths and moisturizes tired hands and feet. Honey is wonderful in protecting and rejuvenating with its antioxidant properties, which act as skin rejuvenators, while its hydrogen peroxide properties aid in cleansing. 45min /60min

Chocolate Spa Manicure/Chocolate Spa Pedicure 35/65

The ultimate chocolate experience for your hands and feet! These relaxing hydrating treatments revitalize and nourish the skin with a selection of luxurious salts, cocoa sugar scrub, chocolate masque, oils and a rich cocoa butter cream. The organic cocoa scrub with Marshmallow extract will buff away dead skin, while a rich hydrating cocoa butter cream will leave your hands and feet with a super soft glow. Delicious treats!

Muscular Ease Spa Manicure/Tired Leg Spa Pedicure 35/65

Seaweed bath crystals and aroma therapy oils will balance water retention, stimulate lymphatic flow and energize you, leaving your feet tingling and soft. Relieve your tired achy feet with our exclusive treatment. 45min./60min.

Serenity Spa Pedicure of the Month with FREE Manicure 65

A unique treatment specially designed to energize and invigorate legs and feet and to soften and smooth the skin. Formulated with aromatherapeutic herbs and oils, the spa pedicure relaxes, cleanses, and revitalizes the feet and legs while delighting the mind and body. 45min./60min.

SERENITY SPECIAL TREATMENTS

Ear Candling 65

An ancient way to gently and naturally cleanse the ear canal. It extracts wax as well as the powdery residue from any medications taken. It is pain-free, and very relaxing. 30 min.

Eyelash Extension 150+

Eyelash extension is an easy way to help define your eyes and reduce the need for mascara.

Eyelash/Eyebrow Tinting 40 each / 65 together

If your eyelashes or eyebrows are blond or just lighter than you would like, our aestheticians can help. Our eyelash and eyebrow tinting is quick and easy, and will help define your eyes to reduce the need for mascara and eyebrow pencil. 25 min.

Purifying Back Treatment 110

This relaxing back treatment includes deep cleansing and exfoliation leaving smoother skin while relaxing stressed muscles. 50 min.

SERENITY PACKAGES

Serenity City Escape 140

Serenity Now! Facial combined with the Serenity Swedish Massage and ending with a manicure and pedicure. 2 hours.

Serenity Time Out Package 150

Serenity Spa Pedicure of the month and manicure, combined with your choice of a full body Swedish massage or Super Clean Facial. 2-1/2 hrs.

Serenity Signature Package 180

Our Serenity Signature Facial combined with a full body Serenity Swedish massage providing for beauty and relaxation. 2 hrs.

Serenity MultiVitamin Package 250

Serenity MultiVitamin Facial combined with Serenity Seaweed Wrap (or Aroma-therapy Massage) culminating in a Manicure and Pedicure. 3 hours.

Spa Day Package 330

Indulge yourself to the full experience of an Oxygen Infusion facial, a full body Serenity Swedish massage and your choice of body wrap providing for beauty and relaxation. 3 hours. Add a manicure and pedicure for an extra 35. 4 hours.

Serenity Significant Other and Me Package 420

Share the delights of cleansing and relaxation with you and a friend, combining our Serenity Signature Facial for both and Serenity Full Body Swedish Couple's Massage. 2 hours. Add side to side manicures and pedicures for an extra 60 (includes both) providing a full body beauty and relaxation. 3 hours

SPA TO GO

If you can't bring your party to us, we can bring our Spa team to your home, hotel, room or private event location.

We offer the following treatments

Manicure 24	Ear candling 100
Pedicure 56	Facial 150+/hr
Chair massage 120/hr	Make-up, hair, all waxing, and more!
Full body Swedish massage. . . 150/hr	

We provide all equipment needed, from candles, massage tables, towels, etc., to create a spa environment depending on the event location. For groups over 50 or events over 8 hours, please contact the event coordinator at Serenity Spa.



Facials THE BEAUTIFUL YOU

All facials are 50 minutes, except for **Serenity Now**.

Serenity Signature Facial / Super Clean Facial 100

Our signature treatment personalized just for you. After careful skin analysis, your facial is expertly tailored to your unique skin type and condition. Including steam, cleansing, toning, exfoliation, extraction, and a masque of the highest quality, with a relaxing facial massage it leaves your skin radiant and you revitalized.

Serenity Now! Facial 60

This mini facial is for those on the go; it cleans, rebalances, and nourishes the skin with a power cleansing, toning, exfoliation, hydration, and treatment masque. Extractions not included. 30 min.

Serenity Sensitive Skin Facial 110

A gentle exfoliation with a special oatmeal masque that calms and soothes the skin completed with a botanical spray that shields the skin against the environment.

Serenity Multivitamin Facial 140

This multivitamin anti-aging treatment uses a unique combination of sugar cane, lemon, apple, passion fruit, and pineapple acid to renew the skin texture by exfoliating dead cells and reducing sun damage and fine lines, and aids in healing acne leaving the skin fresh and radiant.

Serenity Collagen Facial 150

This highly advanced clinical treatment is formulated to hydrate, regenerate and reduce the appearance of lines and wrinkles. This intensive moisturizing, anti-aging treatment program for fatigued or mature skin (unable to retain sufficient moisture) provides outstanding results in terms of hydration, epidermal regeneration, wrinkle smoothing and prevention, as well as scar treatment.

Series of 6 recommended at 130 each

Add-Ons 45

Let our professionals recommend the right "add-on" for your facial according to your skin condition and treatment. Oxygen Infusions (such as Collagen, Antibacterial, Skin Lighting, C Essence, etc.) and Peels (Glycolic, etc) are the latest "to have" in your facials.



ADVANCED ANTI-AGING TREATMENTS

Microdermabrasion 150

This latest must-have facial treatment provides a gentle "blast" on the skin with aluminum oxide crystals and mineral polish that deep clean pores and remove dead skin cells. A light vacuum pressure stimulates collagen production and helps cell turnover, revealing a younger layer of skin. 30 min. Series of 6 Microdermabrasion Treatments recommended at 130 each

Oxygen Infusion Facial 150

A revolutionary skin treatment using the power of oxygen infusion with liquid minerals blended with a choice of Phytobotanicals to help reverse the signs of aging; reducing fine lines and wrinkles, minimizes pores and evens out skin tone. 50 min. Series of 6 recommended at 130 each.

Non-Surgical Face Lift Treatment 150

Experience instant results. This biomolecular acceleration treatment, which red polarizes the cellular membrane, equilibrates and revitalizes tissue cells in the treated areas. Lose years in one session. 45 min. Series of weekly Non-Surgical Face lift Treatment recommended at 100 each.

Coctail Peel 130

Coctail eel is a 15% Salicylic Acid and Retinol peel the improves the appearance of all skin conditions, descongests opened comedones and smoothes the overall texture of the epidermis.

Serenity Pumpkin Enzyme Peel 130

This 15% acid peel treatment rich of pumpkin nutrients is the perfect facial for anyone. It improves your skin condition and assists skin conditions with large pores.

Chocolate Peel 130

This 13% acid peel enriched with numerous active ingredients helps minimize free readical damage. The mix of Chestnut, Green Tea and Grape Seed Extract strengthens capillaries providing powerful antioxidants. The natural cocoa and organic ground coffee make it smell sinfully delicious.

Glycolic Peel Facial 150

A deep exfoliating treatment that offers the full benefit of A.H.A. without the sting. Lactic and Glycolic acids work in synergy with arginine to reduce the appearance of lines and wrinkles and even out skin tone. 50 min. Series of 6 recommended at 130 each.

Puffy Eyes Be-Gone 45 (as add-on to any facial...30)

This gentle cleansing and exfoliation around your eyes followed by a pressure point eye massage increases circulation and helps diminish dark circles. Combined with a hydrating thermal masque that eliminates puffiness and a firming booster to reduce lines, skin becomes brighter and smoother. 20 min.

BOTOX, FILLERS & MEDICAL PEELS

Glycolic Chemical Peel Facial 250 / Series 200

This chemical peel, designed to be applied in a clinical environment, has a 70% glycolic compound. An average of six separate applications is recommended, but never more than one peel per week. Depending on the patient's objectives, more or less peels may be recommended. Patients should be using Vivite Skin Care System for at least two to three weeks prior to receiving their first glycolic chemical peel.

Doctor David Shafer is a fully trained plastic surgeon at Serenity Spa. His expertise in Botox and injectables allows him to complement our non-surgical procedures with the most up-to-date technologies and techniques.

Botox decreases muscle contraction which helps reduce dynamic wrinkles (wrinkles caused by movement). Botox is usually most effective around the eyes and forehead. Facial fillers such as Radiesse, Jevederm, and Evolence, help fill volume deficits and smooth out static wrinkles (wrinkles caused by volume loss and gravity). Fillers are generally most useful around the mouth and in the mid face. Often, a combination of Botox and facial fillers are required to achieve the best results.

Botox and Fillers Price to be discussed with Dr. Schafer

Latisse Prescription 100

LASER TREATMENTS



Prices for: Laser Hair Remover, Photo Facials and all Laser Facial Treatments are available upon request.

PRIVATE EVENTS

Our Spa has been specially designed to host private events. Please request a Private Event packet at the front desk or visit our website for further information.

Gratuities:

Gratuities are accepted in CASH or Credit Card at the front desk. Please let us know prior to charging your card. Recommended gratuities are 20%-25% of service price.

Gift Cards:

Gift Cards are the perfect gift and may be purchased in any dollar amount and can be replenished. As they are treated as cash, any lost certificate cannot be replaced.

Our Gift certificates expire a year from the day of purchase.

Cancellation Policy:

In consideration of our other guests and our service providers, a minimum of 24 hours is required for all cancellations. Clients will be billed for all scheduled appointments canceled less than 24 hours beforehand. Upon making an appointment, new clients should be prepared to provide credit card details to secure the appointment. Your card will not be charged unless there is a failure in cancellation. All sales are final. There are no refunds on services, including gift certificates. All appointments may be subject to change.

www.SerenitySpaNewYork.com



SERENITY SPA

A BETTER SENSE OF BEING

776 SIXTH AVENUE NEW YORK, NY 10001
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(212) 481-7898

HOURS:

10:00 AM - 10:00 PM MON. - SAT.

11:00 AM - 8:00 PM SUN.

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